

HEART T' HEART LONG-DISTANCE SPONSOR PROGRAM
PERMISSION FORM

We frequently get requests from people who are looking for a sponsor in Heart t' Heart. Often these people are too far from a meeting to attend and have to do all of their work "long-distance." We are currently putting together a list of people who are willing to sponsor individuals by phone, mail or e-mail. If you are willing to serve in this effort, please fill in your information below and sign at the bottom. Only the information you specify will be given out. Please mail completed form to Long-Distance Sponsor Program, 240 S. Center St., Hyrum UT 84319.

first name

last initial

phone (include area code)

e-mail address

postal mail address (optional)

I am female / male. We will only give out women's names to women and men's names to men.

You may give out the following information to those seeking a sponsor:

- my phone number
- my e-mail address
- my postal mail address

I am willing to sponsor people in the following addictions (this information will be listed)

- | | | |
|---|--|---|
| <input type="checkbox"/> general recovery | <input type="checkbox"/> sexual addiction | <input type="checkbox"/> addiction to illegal drugs |
| <input type="checkbox"/> overeating | <input type="checkbox"/> relationship addiction | <input type="checkbox"/> alcohol |
| <input type="checkbox"/> overspending | <input type="checkbox"/> prescription drug addiction | <input type="checkbox"/> tobacco |
| <input type="checkbox"/> depression | <input type="checkbox"/> codependency | <input type="checkbox"/> other (list) _____ |

Date started Heart t' Heart or other 12 Step program _____ / _____ (month / year)

Abstinence date _____ / _____ (month / year)

I hereby give my permission for my first name and last initial and other information specified above to be distributed privately to individuals seeking a Heart t' Heart sponsor.

signature

date